



SUMMER  
**CAMPS 2020**

 **ARBOLAR**



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*Arbolar Formación y Ocio Activo S.L. is an Active Tourism Company fully recognised by the Autonomous Community of Murcia Presidency Council.*

*All Arbolar instructors are officially certificated as Free-time Instructors by our Recreational School recognised by the Public Authority for Youth and Sports in Murcia Region.*



# 1

## WHAT ARBOLAR IS

*Arbolar v. Set masts on a boat.*

### OUR COMPANY

**Arbolar** is a Spanish company dedicated to the sociocultural, sport and tourist area for twenty years.

**Arbolar** is specialised in camps organization, study trips, Spanish as a second language courses (linguistic immersion), nautical activities courses, etc.

**Arbolar** develops its operations in Murcia, on the **Mar Menor** environment.

You can find complete information about our company and activities on our web: [www.arbolar.com](http://www.arbolar.com).



## ACTIVITIES



### Summer Camps

Youth and Adults summer camps



### Sports Camps

Athletics, children and adults groups



### Language Courses

Language courses (linguistic immersion)



### Training Courses

Training courses for companies



### Study Trips

Schools, High schools and groups



### Nautical Activities

Nautical activities courses (sailing, canoeing, windsurf, etc)





# 2

## ACTIVE TOURISM RESIDENCE

### FACILITIES

Our operational centre is the **Residence and the Active Tourism Centre Arbolar** in the heart of **Mar Menor** (Murcia). Our residence, open in **2004**, offers a holistic service for people who use our facilities.

- 104 accommodation vacancies: located on the beach front of the Mar Menor
- 13 rooms in the main building and 10 bungalows which could be adapted for an occupancy of 2-7 vacancies.

- All rooms are equipped with air conditioning, heating, bathroom and stunning Mediterranean sea views (Mar Menor)
- Solarium terrace
- Equipped with material to do nautical activities: **dinghy sailing, windsurf, paddle surf and canoeing.**
- Kitchens
- Living room and multipurpose room
- Internet access

- **104 vacancies**
- **Located on the beachfront**
- **13 bedrooms**
- **Air conditioning and Heating**
- **Terrace**
- **Kitchen**
- **Living room**
- **WIFI**

*Our operational centre is the Residence and the Active Tourism Centre **ARBOLAR***



# 3

## WHERE WE ARE

### LOCATION

**Arbolar's residence** is located in a unique setting, on the beach front of the **Mar Menor**. Next to the residence, there is a protected area of the wetland of the Mar Menor.

The area of great ecological interest is an important stopover for migratory birds. For most of year, it is common to find **flamingos, herons, storks, coots and ducks, among others.**

Besides, here you will find a particular combination of fishing traditions and modernity, impossible to find anywhere else..

### MAR MENOR

**Europe's biggest salty lagoon**, and it is separated from the Mediterranean Sea by La Manga, a "sleeve of sand" which is 22 km long and between 100 and 800 m wide.

Currently, the **Mar Menor** has a surface of 180 km<sup>2</sup>.

The favorable weather, the quality of the water and its healing properties (especially rheumatic diseases) as well as the optimal conditions to enjoy nautical sports have made the Mar Menor, for a long time, one of the most visited areas by people from Murcia, Alicante, in addition to national and international tourists.

**We must highlight that the Mar Menor provide the water sports with exceptional conditions: the calm water of the sea, the lack of swell and ship traffic or anything that can cause any damage to students.**

All that, together with the security measures adopted by our company (**life vest, boats, etc**) makes the place safer to sail during the whole year.

*The Residence Arbolar is located in Los Urrutias, in the heart of the city of the Mar Menor (Murcia), in the Southwest of Spain.*

## CLIMATE

**Mediterranean weather.** Summers are warm, and in winters, the average of the lower temperature is 8o C(the average annual temperature between 16o C and 18 o C).

It rains more in autumn than in winter and spring. The region has an average yearly rainfall of 323 milliliters.

**There are more than 300 sunny days a year** and its sandy beaches make it an ideal space for all kinds of nautical sports.

## ENVIRONMENT

Next to the Residence **Arbolar**, there are areas that give an added value to your stay: **Cartagena** (a distance of 15 km), **Murcia** (a distance of 40 km) or **Cabo de Palos** (a distance of 18 km).

Likewise, there are natural parks, such as the **Salinas de San Pedro**, **Calblanque** or the **Sierra Minera**.

## ACCESS AND COMMUNICATIONS

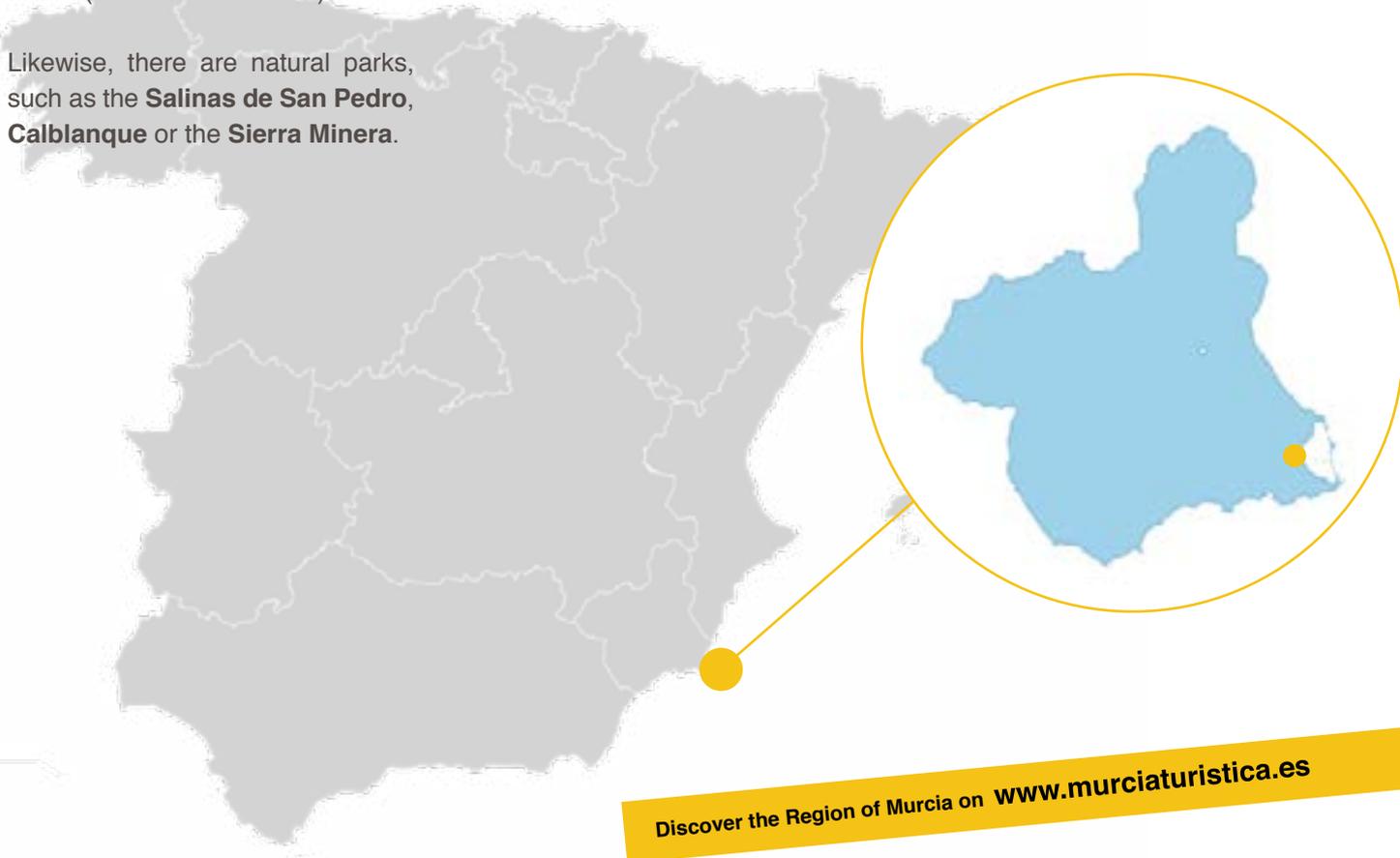
Mediterranean highway. **Exit AP-7. Salida 794, El Carmolí direction.**

**San Javier airport** (Murcia). 10 kilometres away from the **Residence Arbolar** (by highway).

**Alicante airport.** 94 kilometres away from the Residence (by highway).

Both airports have national and international flights.

From The **Residence Arbolar** to **Alicante** there is a distance of 45 min., to **Cartagena** of 15 min. and to **Murcia** and **Torre Vieja** of 30min (by highway).



Discover the Region of Murcia on [www.murciaturistica.es](http://www.murciaturistica.es)



# 4

## OUR PROGRAMMES



### Summer Camp with Nautical activities

Summer Camp with Nautical activities for children and adults



### Summer Camps with Nautical Activities + English

Summer Camps with Nautical Activities + English for athletes and adults groups



### Musical Camps “Arbolar Beach Rock”

Musical activities and specialised instructors.



### Dance Camp “Arbolar Beach Dance”

Dance activities, performances and specialised instructors.



Every **Arbolar** Camp includes  
a full-day trip to the

# Water Park Terra Natura Murcia





## 4.1

# CAMP NAUTICAL ACTIVITIES

### CONTENT

During the course of this programme, children will live together to other children and instructors. They will do **nautical activities** (dinghy sailing, windsurf, paddle surf and canoeing), **recreational activities and excursions**.

*Instructors will be available 24 hours a day.*

### ACTIVITIES



#### Nautical activities course

Dinghy sailing, windsurf, paddle surf and canoeing



#### Full-day trip

Full-day trip to the water park Terra Natura (Murcia). Visit to the zoo, and above all, the attractions and pools.



#### Evening events

Bbq, party, cinema, games, etc.

## DATES AND RATES

### NAUTICAL ACTIVITIES CAMP

1-6 July	6 Days	Nautical Activities Camp	430 €
1-10 July	10 Days	Nautical Activities Camp	735 €
6-10 July	5 Days	Nautical Activities Camp	355 €
11-16 July	6 Days	Nautical Activities Camp	395 €
11-20 July	10 Days	Nautical Activities Camp	710 €
16-20 July	5 Days	Nautical Activities Camp	335 €
21-26 July	6 Days	Nautical Activities Camp	395 €
21-30 July	10 Days	Nautical Activities Camp	695 €
26-30 July	5 Days	Nautical Activities Camp	335 €
1-6 August	6 Days	Nautical Activities Camp	340 €
1-10 August	10 Days	Nautical Activities Camp	575 €
6-10 August	5 Days	Nautical Activities Camp	320 €
11-16 August	6 Days	Nautical Activities Camp	340 €
11-20 August	10 Days	Nautical Activities Camp	575 €
16-20 August	5 Days	Nautical Activities Camp	320 €

*This programme has a duration of ten days during July and August*

## **Morning**

## **Afternoon**

Welcome and presentation of instructors, activities, facilities, etc.

*Sailing and canoeing*

*Windsurf/Paddle Surf and sport on the beach*

*Windsurf/Paddle Surf and workshop*

*Sailing and canoeing*

*Full-day trip to the water park Terra Natura Murcia*

*Sailing and canoeing*

*Windsurf/Paddle Surf and recreational activity*

*Windsurf/Paddle Surf and recreational activity*

*Sailing and canoeing*

*Sailing and canoeing*

*Windsurf/Paddle Surf and recreational activity*

*Gymkhana*

*Sailing and canoeing*

*Sailing and canoeing*

*Windsurf/Paddle Surf and recreational activity*

*Departure*





## 4.2

### CAMP NAUTICAL ACTIVITIES *+ Spanish*

#### CONTENT

During the course of this programme, participants will develop all the activities in Spanish language: nautical activities (**dinghy sailing, windsurf, paddle surf and canoeing**), recreational activities and excursions.

Everyday, participants will do, at least, one activity in Spanish. This activities will be dynamic, active and participative.

The programme is developed through the practice of **nautical sports, games, workshops**, etc.

*In July, 1st to 10th, participants will live together to Spanish students who will be doing the same camp to learn English for 5 days (6th to 10th July)*

*Instructors will be available 24 hours a day.*

*10:1 ratio of students to instructor.*

#### ACTIVITIES



**English activities**  
with a native language teacher



**Nautical activities course** dinghy sailing, windsurf, paddle surf and canoeing



**Full-day trip**  
to the water park Terra Natura Murcia. Visit to the zoo, and above all, the attractions and pools.



**Evening events**  
Bbq, party, cinema, games, etc.

## DATES AND RATES

### NAUTICAL ACTIVITIES + SPANISH CAMP

1-6 July	6 Days	Nautical Activities + Spanish Camp	430 €
1-10 July	10 Days	Nautical Activities + Spanish Camp	735 €
6-10 July	5 Days	Nautical Activities + Spanish Camp	355 €
11-16 July	6 Days	Nautical Activities + Spanish Camp	395 €
11-20 July	10 Days	Nautical Activities + Spanish Camp	710 €
16-20 July	5 Days	Nautical Activities + Spanish Camp	335 €
21-26 July	6 Days	Nautical Activities + Spanish Camp	395 €
21-30 July	10 Days	Nautical Activities + Spanish Camp	695 €
26-30 July	5 Days	Nautical Activities + Spanish Camp	335 €
1-6 August	6 Days	Nautical Activities + Spanish Camp	340 €
1-10 August	10 Days	Nautical Activities + Spanish Camp	575 €
6-10 August	5 Days	Nautical Activities + Spanish Camp	320 €
11-16 August	6 Days	Nautical Activities + Spanish Camp	340 €
11-20 August	10 Days	Nautical Activities + Spanish Camp	575 €
16-20 August	5 Days	Nautical Activities + Spanish Camp	320 €

*This programme has a duration of ten days during July and August.*

## **Morning**

## **Afternoon**

**Welcome and presentation of instructors, activities, facilities, etc.**

***Sailing and canoeing***

***Windsurf/Paddle Surf and recreational activity (in English)***

***Windsurf/Paddle Surf and workshop (in English)***

***Sailing and canoeing (in English)***

***Sailing and canoeing***

***Windsurf/Paddle Surf and recreational activity (in English)***

***Full-day trip to the water park Terra Natura Murcia***

***Sailing and canoeing (in English)***

***Windsurf/Paddle Surf and recreational activity (in English)***

***Windsurf/Paddle Surf and recreational activity (in English)***

***Sailing and canoeing***

***Sailing and canoeing***

***Windsurf/Paddle Surf and recreational activity (in English)***

***Windsurf/Paddle Surf and recreational activity (in English)***

***Sailing and canoeing***

***Departure***



## 4.3

# ARBOLAR Beach Rock

### CONTENT

During this programme, participants will be taught a **course about Modern Music**. They will do nautical activities (**dinghy sailing, windsurf, paddle surf and canoeing**), **recreational activities and excursions**.

*Instructors will be available 24 hours a day.*

*10:1 ratio of students to instructors*



### PERFORMING AT CABO DE POP

The turn of the 11-20 August will perform a live performance at the Cabo de Pop 2020 Festival.

<https://cabodepop.com>

### ACTIVITIES



#### Nautical activities course

dinghy sailing, windsurf, paddle surf and canoeing



#### Full-day trip

Full-day trip to the water park Terra Natura Murcia. Visit to the zoo, and above all, the attractions and pools.



#### Evening events

Bbq, party, cinema, games, etc.



#### Musical lessons

Three hours a day during seven days. The lessons will be divided into work groups of five modalities (voice, guitar, bass guitar, keyboard and drums). Besides, there will be workshops and live concerts.

*h*

## DATES AND RATES

### ROCK MUSIC CAMP “ARBOLAR BEACH ROCK”

11-20 July	10 Days	Rock Music Camp “Arbolar Beach Rock”	745 €
11-20 August	10 Days	Rock Music Camp “Arbolar Beach Rock”	625 €



*This programme has a duration of ten days during July and August.*

## **Morning**

## **Afternoon**

## **Night**

**Welcome and presentation of instructors, activities, facilities, etc.**

**Evening event welcome and music**

**Workshop on the instrument chosen (2 hours). Rehearsal in groups**

**Nautical activities (2 hours). First concert preparation in groups**

**First musical event**

**Workshop on the instrument chosen (2 hours). Rehearsal in groups**

**Workshop on rock history  
Workshop on dance**

**Acoustic musical event on the beach**

**Workshop on the instrument chosen (2 hours). Rehearsal in groups**

**Nautical activities (2 hours). First concert preparation in groups (1 hour)**

**Free night**

**Workshop on the instrument chosen (2 hours). Rehearsal in groups**

**Workshop on group organization  
Workshop on 'Staging'**

**Second musical event**

**Full-day trip to the water park Terra Natura Murcia**

**Musical event**

**Workshop on the instrument chosen (2 hours). Rehearsal in groups**

**Groups general rehearsal**

**Bbq on the beach and free performances**

**Nautical activities (2 hours)**

**Recording the camp**

**Third musical event**

**Final concert preparation**

**Final concert preparation**

**Final show**

**Departure**

4.4



## Dance & Performance Arts Camp

### CONTENT

Arbolar is the first camp in Spain which combines Performing Arts and Beach. Together to national and international artists, fun is guaranteed. Besides, **this camp also mixes arts and sea**, instructing nautical activities such as canoeing and dinghy sailing.

Located on the beach front, 'Arbolar Beach Dance' becomes a space to develop creativity, imagination and fun.

*Instructors will be available 24 hours a day.*

*10:1 ratio of students to instructors*

### WORKSHOPS

Four hours a day during eight days divided into work groups. Live performances.

### ACTIVITIES



#### Nautical activities

Dinghy sailing and canoeing



#### Full-day trip

Full-day trip to the water park Terra Natura Murcia. Visit to the zoo, and above all, the attractions and pools.



#### Sport on the beach

Gymkhana and zumba, among others.



#### Evening events

Jam Session, Talent-Show and Karaoke, among others.



#### Workshops on dance

Hip-Hop and Latin dance, among others.



#### Workshop on performance

## DATES AND RATES

### DANCE & ARTS CAMP

### “ARBOLAR BEACH DANCE”

21-26 July	6 Days	Dance & Arts Camp “Arbolar Beach Dance”	370 €
21-30 July	10 Days	Dance & Arts Camp “Arbolar Beach Dance”	630 €
26-30 July	5 Days	Dance & Arts Camp “Arbolar Beach Dance”	320 €
1-6 August	6 Days	Dance & Arts Camp “Arbolar Beach Dance”	320 €
1-10 August	10 Days	Dance & Arts Camp “Arbolar Beach Dance”	560 €
6-10 August	5 Days	Dance & Arts Camp “Arbolar Beach Dance”	305 €



*This programme has a duration of six days during July.*

## **Morning**

## **Afternoon**

*Welcome*

*Welcome and presentation of  
instructors, activities, facilities, etc.*

*Workshop on performance and funky.  
Games on the beach. Clip-time.*

*Workshop on hip-hop and Latin dance.  
Zumba on the beach.*

*Workshop on performance and Latin  
dance. Games on the beach. Clip-time.*

*Nautical activities*

*Nautical activities*

*Workshop on percussion and Latin  
dance. Zumba on the beach.*

*Full-day trip to the water park Terra Natura Murcia*

*Workshop on performance and funky.  
Clip-time.*

*Workshop on funky and singing.  
Sports on the beach.*

*Workshop on percussion and Latin  
dance. Clip-time.*

*Nautical activities*

*Workshop on hip-hop and funky.  
Games on the beach. Clip-time.*

*Nautical activities*

*Workshop on hip-hop and funky.  
Games on the beach. Clip-time.*

*Watching clips and awards ceremony*

*Departure*



# 5

## RESIDENCE SERVICES

### INSTRUCTORS

**Arbolar staff's work profile:**

- **Sailing, windsurf and canoeing:** Sailing instructor with official certificate of the respective federation
- **Degree in Physical Education and Sports Sciences. Superior Technician in Physical Activities and Sporting Entertainment.**
- **Free-time instructors:** Official certificate of the respective Department of the different Autonomous Communities.
- **Native English teachers and bilingual teachers (English and Spanish)**
- **Music teacher**

### TRANSFER AND BUSES

**Autocares Meroño** (Cartagena) is the bus company we usually work with.

Yet, **Arbolar** can manage the transfer by bus or by train from **Madrid**, always with the company of an instructor.

The cost of this option is of **90€** (including return ticket), not included in the price of the camp chosen because it is optional. If you want to choose this transfer, you will contract it in advance.

There is also the option of picking you up at **Cartagena** train station, **Cartagena** and **Murcia** bus station or at **San Javier** (Murcia) and **Alicante** airport.

This transfer is offered to those participants who travel by their own, without extra cost.

- *Cartagena Train Station Cartagena*
- *Cartagena and Murcia bus station*
- *San Javier (Murcia) and Alicante airports*

*The accommodation and activities will be developed in The Residence and Active Tourism centre ARBOLAR.*

## MEDICAL ATTENTION

Most of the instructors have the **First-Aid certificate**. Nearby medical centres from the residence:

- **Los Urrutias medical centre.**  
1 km.
- **El Algar medical centre.**  
5 kms.
- **La Unión medical centre.**  
10 kms.
- **Cartagena Hospital.**  
15 kms.
- **Los Arcos Hospital in San Javier.** 15 kms.

## SUPPLY (NUTRITION)

**Four meals a day.**

### *Breakfast*

- **Juice and milk**
- **Fresh bakery**
- **Cookies**
- **Cereals**
- **Butter, jam and oil**
- **Fruit**

### *Afternoon snack*

- **Bakery or sandwich**
- **Juice, yogurt milkshake, etc.**

Menus are made in the residence according to seasons, activities and ages.

We take into account the quality of the diet.

We adapt it in accordance with the participants' necessities, such as vegetarians, food intolerants, allergics, etc.

- *Fruits: apples, pears, bananas, and watermelons*
- *Lactose: custard, vanilla, chocolate custard, natural yogurt or fruit yogurt, egg flan and vanilla flan*
- *Ice-cream of different flavours*

*For excursions, a picnic will be prepared including 2 sandwiches, a juice, a bottle of water, fruit and a piece of bakery.*



## Lunch and dinner

Sample of menu for 10 days

Day	Lunch	Dinner
1	<i>Lettuce and tomato salad, tuna and tomato pasta, tenderloin marinated, fruit and milkshake or yogurt.</i>	<i>Poultry soup, breaded chicken breasts, boiled potatoes, fruit and milkshake or yogurt.</i>
2	<i>Lettuce and tomato salad, tuna and tomato pasta, tenderloin marinated, fruit and milkshake or yogurt.</i>	<i>Pasta salad, hamburger, chips, fruit and milkshake or yogurt.</i>
3	<i>Russian salad, cold meat, pork chop, fruit and milkshake or yogurt.</i>	<i>Tomato salad, special fried rice, Spanish omelette, fruit and milkshake or yogurt.</i>
4	<i>Special salad (lettuce, tomato, carrot, corn, tuna and boiled egg), roast chicken with baked potatoes, fruit and milkshake or yogurt.</i>	<i>Seafood soup, San Jacobo (breaded cooked ham and cheese), chips, fruit and milkshake or yogurt.</i>
5	<i>Special salad (lettuce, tomato, carrot, corn, tuna and boiled egg), spaghetti with tomato sauce and Pavofrío cheese, fruit and milkshake or yogurt.</i>	<i>Vegetables soup, grilled swordfish, chips, fruit and milkshake or yogurt.</i>
6	<i>Special salad (lettuce, tomato, carrot, corn, tuna and boiled egg), veal in sauce, chips, fruit and milkshake or yogurt.</i>	<i>Barbecue, chips, fruit and milkshake or yogurt.</i>
7	<i>Pic-nic: 2 sandwiches, a juice, a bottle of water, fruit and a piece of bakery.</i>	<i>Leeks soup, breaded hake, chips, fruit, milkshake or yogurt.</i>
8	<i>Special salad (lettuce, tomato, carrot, corn, tuna and boiled egg), seafood paella, grilled squids, fruit and milkshake or yogurt.</i>	<i>Chicken soup, omelette, chips, fruit and milkshake or yogurt.</i>
9	<i>Special salad (lettuce, tomato, carrot, corn, tuna and boiled egg), Turkey thigh, chips, fruit and milkshake or yogurt.</i>	<i>Salad (tomato and cucumber), pizza, fry-up (croquettes, empanadillas, etc.), fruit and milkshake or yogurt.</i>



*During the development of the camps, we will be in contact with the Director responsible for Arbolar and with the Camp Coordinator.*

# 6

## ISSUES ORGANIZATIONAL

### CONTACTS

On the first day of the camp, participants will be given the telephone number of the two responsible authorities.

Participants will be able to receive calls during the camp in the following hours:

From 14,15 h. to 15,45 h. / from 20,15 h. to 21,45 h.

Participants will be allowed to use their own mobile phone in this time slot, but they mustn't use them outside of their bedrooms.

The use of the mobile phone during the participant's free-time or during the night is not allowed either.

### ORGANIZATION AND OVERALL SECURITY

The first day will be devoted to explain the participants **the security measures** of the facilities and there will be an **evacuation drill**.

During the camp, instructors will be taking appropriate measures so that participants could protect themselves properly from the sun and high temperatures with the aim of avoiding sunstrokes, dehydration and burn to the skin (use of high UV sun protection factor, a Lycra shirt while practising nautical activities, a cap, and drinking water with continuity).

### *Visits*

*Parents can visit their children. We would be delighted to welcome you here, although, we suggest you to let us know in advance, just to check if your child is doing any activity at this moment.*

## ORGANIZATION AND SECURITY AT THE SEA

We sail in vessels like **Gavia 500** (4,85 m. in length) and **Cadetes**.

In each vessel there will be a captain and between 5 and 7 learners.

Cadets will reach more autonomy and technical level in a second phase.

Dugout canoes: '**Malibú 2**' model, two-seaters. Participants will be accompanied by two instructors all the time.

**Windsurf boards:** '**Bic**' model.

Participants will be accompanied by two instructors all the time.

Participants' security is essential for the company, supervised by the instructors and the captain.

Every vessel is equipped with lifevest and further necessary materials to guarantee the security of everyone.

There is a speedboard prepared for any emergency.

**The sailing is in the Mar Menor, and as there is a lack of swell, current and ships, the activities are absolutely safe.**

Participants must be able to swim or, at least, float in the water.

## NECESSARY MATERIAL

*Summer clothes:*

- *Short-sleeved shirts and shorts*
- *Lycra shirt to sail and protect from the sun and chafings because of the lifevest.*
- *Swimming suit (at least 2)*
- *Trainers*
- *Back pack*
- *Canteen*
- *A pair of flip-flop and a pair of slipper (with fastening to sail)*
- *Cap*
- *Tracksuit (or clothes for cool temperatures)*
- *High solar protection factor and after sun*
- *Formal clothes to go out (excursions)*
- *Toilet bag*
- *Towels*
- *Personal identification and medical documentation*



# 7

## PRICES

### JULY

1-6 July	6 Days	Nautical Camp	430 €
1-6 July	6 Days	Nautical Camp + Spanish	430 €
1-10 July	10 Days	Nautical Camp	735 €
1-10 July	10 Days	Nautical Camp + Spanish	735 €
6-10 July	5 Days	Nautical Camp	355 €
6-10 July	5 Days	Nautical Camp + Spanish	355 €
11-16 July	6 Days	Nautical Camp	395 €
11-16 July	6 Days	Nautical Camp + Spanish	395 €
11-20 July	10 Days	Nautical Camp	710 €
11-20 July	10 Days	Nautical Camp + Spanish	710 €
11-20 July	10 Days	Rock Music Camp "Arbolar Beach Rock"	745 €
16-20 July	5 Days	Nautical Camp	335 €
16-20 July	5 Days	Nautical Camp + Spanish	335 €
21-26 July	6 Days	Nautical Camp	395 €
21-26 July	6 Days	Nautical Camp + Spanish	395 €
21-26 July	6 Days	Performance Acts and Dance Camp "Arbolar Beach Dance"	370 €
21-30 July	10 Days	Nautical Camp	695 €
21-30 July	10 Days	Nautical Camp + Spanish	695 €
21-30 July	10 Days	Performance Acts and Dance Camp "Arbolar Beach Dance"	630 €
26-30 July	5 Days	Nautical Camp	335 €
26-30 July	5 Days	Nautical Camp + Spanish	335 €
26-30 July	5 Days	Performance Acts and Dance Camp "Arbolar Beach Dance"	320 €

# PRICES

## AUGUST

1-6 August	6 Days	Nautical Camp	340 €
1-6 August	6 Days	Nautical Camp + Spanish	340 €
1-6 August	6 Days	Performance Acts and Dance Camp "Arbolar Beach Dance"	320 €
1-10 August	10 Days	Nautical Camp	575 €
1-10 August	10 Days	Nautical Camp + Spanish	575 €
1-10 August	10 Days	Performance Acts and Dance Camp "Arbolar Beach Dance"	560 €
6-10 August	5 Days	Nautical Camp	320 €
6-10 August	5 Days	Nautical Camp + Spanish	320 €
6-10 August	5 Days	Performance Acts and Dance Camp "Arbolar Beach Dance"	305 €
11-16 August	6 Days	Nautical Camp	340 €
11-16 August	6 Days	Nautical Camp + Spanish	340 €
11-20 August	10 Days	Nautical Camp	575 €
11-20 August	10 Days	Nautical Camp + Spanish	575 €
11-20 August	10 Days	Rock Music Camp "Arbolar Beach Rock"	625 €
16-20 August	5 Days	Nautical Camp	320 €
16-20 August	5 Days	Nautical Camp + Spanish	320 €

## DISCOUNTS

(No discounts available for the Musical Camp 'Arbolar Beach Rock')

Participants in the following situations can save up 5 % on the extra allowance charge (except for the Musical Camps):

- For **siblings** who participate in any of the camps.
- **Numerous family** card which will be sent (scanned) together to the registration form.
- **Participation** in more than one camp during the same summer.
- A group, formed in advance, of **three or more participants** in the same camp.

## PRICE INCLUDES

- Multiple rooms for 4-7 people. (See feature and photos on the web [www.arbolar.com](http://www.arbolar.com)).
- **Full board.**
- **Instructor** during the duration of the camp.
- **Transports for excursions.**
- Every activity described on the itinerary and **Arbolar's exclusive equipment**
- **Travel insurance and RC**
- VAT included

## REGISTRATION FORM

The registration form, which you will find on the website (in section **Arbolar Camps, Booking and Registration form** (link: [http://www.arbolar.com/seccion03\\_05b.php](http://www.arbolar.com/seccion03_05b.php)), should be filled and sent back.

When the registration form has been sent, within **24 hours**, **Arbolar** will contact you to confirm the availability of places and indicate the steps you must follow to complete the process of registration.

**You should not pay any deposit to our accounts till the confirmation of the reservation.**

## CANCELLATIONS

In section **Arbolar Camps, Booking and Registration form** (link: [http://www.arbolar.com/seccion03\\_05b.php](http://www.arbolar.com/seccion03_05b.php)), there are also the conditions in case of cancellation on the part of the participant.

**In addition, if for any reason, a camp had to be cancelled, Arbolar will inform the participant by 15 May.**

## CONDITIONS

*The booking will be verify by the deposit of 25% of the total amount. The rest of the amount must be paid before the beginning of the camp.*

## ADDITIONAL INFORMATION

*The information given in this document is complemented with the information on our web: [www.arbolar.com](http://www.arbolar.com)*

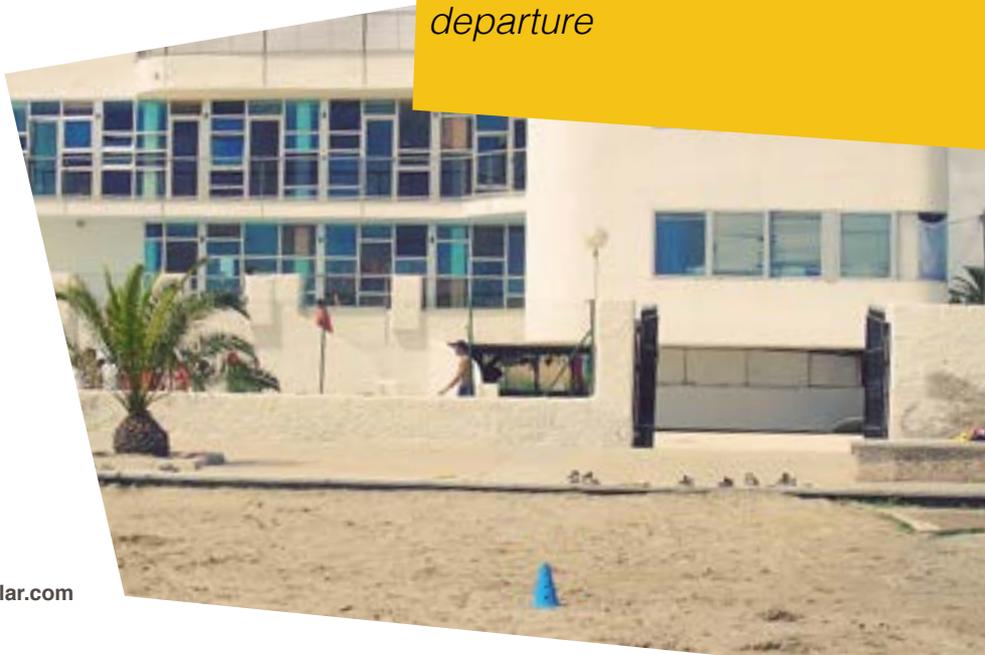
*In section Arbolar Camps, you will find information related to the activities and overall organization of the Camp.*

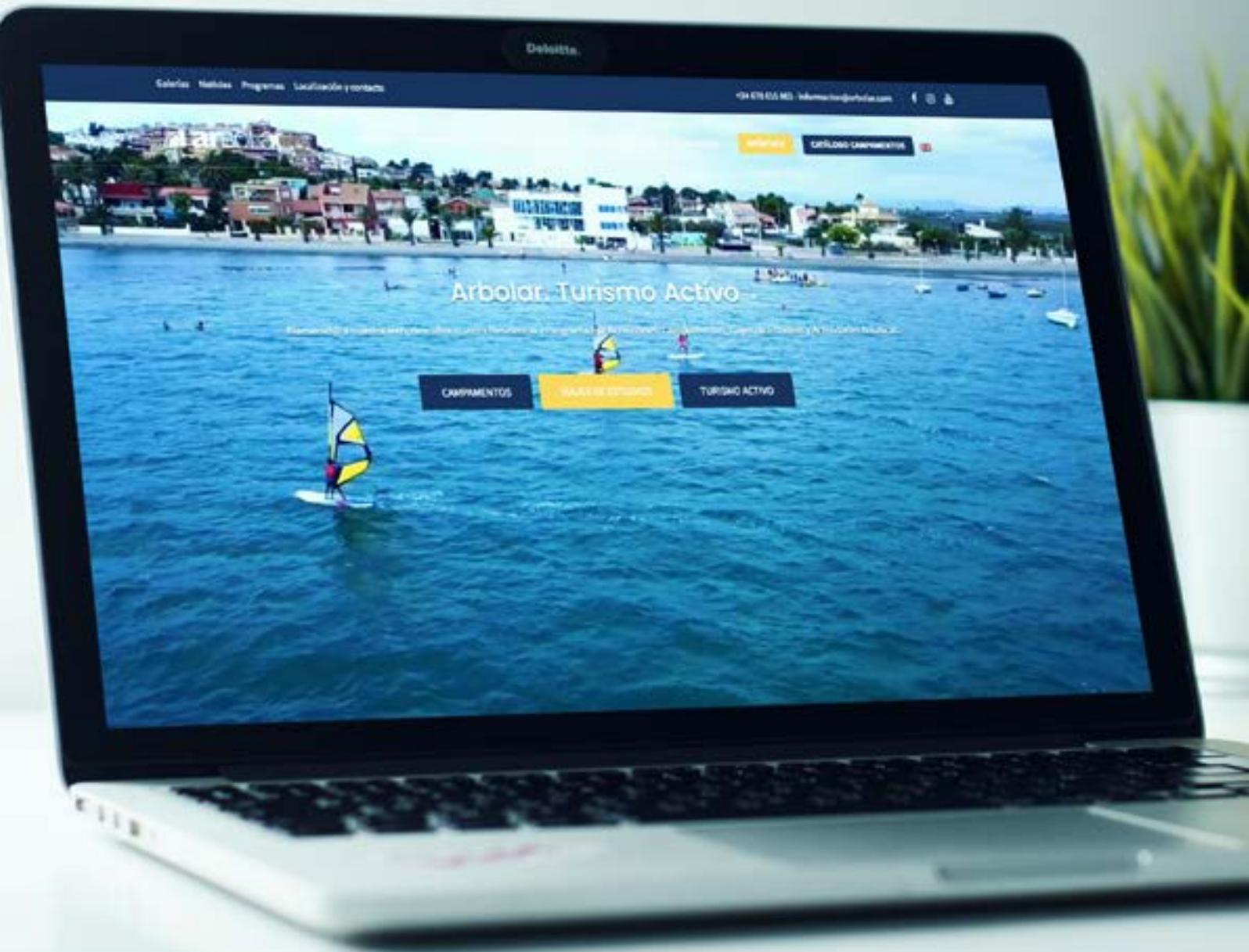
*In section Residence of Active Tourism, you will find information related to the accommodation and the centre where activities and camp is developed.*

## PRICE DOES NOT INCLUDE

*Transfer from the Camp (round trip), personal consumption expenditures (beach bar, vending machine...)*

*All services included in the price. Participants do not have to pay for nothing from the very beginning of the camp to the departure*





For further information.  
[www.arbolar.com](http://www.arbolar.com)



## ADDRESS

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